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## POSTOPERATIVE INSTRUCTIONS- GORETEX FACIAL IMPLANTS

- Take medications as prescribed
- Do not take any aspirin or alcohol for at least two weeks following surgery.
- If no dressing was placed at the time of surgery, apply Bacitracin Ointment to the surgical area twice daily.
- No exercise, heavy lifting, or strenuous activity.
- Do not disturb your dressing or splint. Do not change your dressing unless specifically instructed to do so by Dr. Rosenberg. Keep the dressing clean and dry.
- Avoid exposure of the healing wound to sun for at least 6 months following the surgery.
- Make certain to keep your appointment for suture removal. Delayed removal of sutures can negatively affect healing and the appearance of your scar.
- There are many additional modalities which can be used in conjunction with the surgery itself to further improve the appearance of your scar. These include topical applications, anti-inflammatory injections, electron beam therapy, pressure dressings and massage. Therefore, it is very important to make and keep follow up appointments during the first year after a scar revision to permit continuous observation of your scar to maximize the benefits of surgery.