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POSTOPERATIVE INSTRUCTIONS- DERMABRASION

The instructions listed below are general guidelines for your review. A more in depth discussion about specific instructions for you will take place prior to your being discharged home.

- Take medications as prescribed
- Rest after the procedure with your head elevated.
- Expect some stinging or burning in the treated area for 24 hours.
- If you have a dressing, return to our office on the second post-operative day to have it removed. If you have no dressing, start showering daily on the first post-operative day. Dry gently and apply a thin coat of Bacitracin ointment to treated area(s).
- Avoid make-up until you are instructed by Dr. Rosenberg that you may use it.
- Use moisturizer on treated areas when your wounds are completely healed or when directed by Dr. Rosenberg
- Expect redness or pink discoloration of the treated skin for some weeks following the peel. This is normal.
- Completely avoid sun exposure during this time. Use a #40 or higher sun block for 4-6 months post-peel
- Call the office if you notice any discoloration such as hyperpigmentation (excessive skin pigmentation) or hypopigmentation (relative loss of pigmentation) in the treated area.